



Nutrition Tip: Get started cooking more often at home: If you don't usually cook, start gradually. Make it a goal to cook once a week and work up to cooking more often.

Reference: USDA MyPlate

BREAKFAST

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO
SCHOOL **01**

Sausage, Egg, Cheese
English Muffin
Oranges
Juice
Milk **04**

Cinnamon Roll
Cheese Stick
Apple
Juice
Milk **05**

Chicken Biscuit
Tater Rounds
Yogurt & Granola
Pineapple
Juice / Milk **06**

Biscuit & Gravy
Yogurt & Granola
Banana
Juice
Milk **07**

NO
SCHOOL **08**

Breakfast Bake
Yogurt & Granola
Peaches
Juice
Milk **11**

Blueberry Muffins
Yogurt & Granola
Apples
Juice
Milk **12**

Combo Bars
Yogurt & Granola
Pears
Juice
Milk **13**

NO
SCHOOL **14**

NO
SCHOOL **15**

NO
SCHOOL **18**

NO
SCHOOL **19**

NO
SCHOOL **20**

NO
SCHOOL **21**

NO
SCHOOL **22**

NO
SCHOOL **25**

NO
SCHOOL **26**

NO
SCHOOL **27**

NO
SCHOOL **28**

NO
SCHOOL **29**



All meals include a choice of 1% white or chocolate milk.
This Institution is an equal opportunity provider.
Menu is subject to change due to supply shortage.

MAY 2026



May is National Egg Month. Eggs can be eaten in a salad, as part of a breakfast sandwich, as an omelet, mixed into fried rice or simply boiled, fried or scrambled. How do you like to eat eggs?



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



NO SCHOOL 01

Steak Fingers
Mashed Potatoes / Roll
Blackeye Peas
Mixed Fruit
Milk 04

Walking Tacos L,T,C
Brown Rice
Ranch Beans
Carrots
Cranberries/ Milk 05

Roast W/ Gravy
Mashed Potatoes / Roll
Green Beans
Raspberries
Milk 06

Chicken Noodle Soup
Carckers
Cucumber / Celery
Applesauce
Milk 07

NO SCHOOL 08

Cheeseburgers L,T,C
Fries
Pickle
Pears
Milk 11

Ham & Cheese Sandwich
Chips / Carrots
Peas
Cherries
Milk 12

Frito Chili Pie
Brown Rice / Raisins
Cucumber / Celery
Strawberry Ice Cup
Milk 13

NO SCHOOL 14

NO SCHOOL 15

NO SCHOOL 18

NO SCHOOL 19

NO SCHOOL 20

NO SCHOOL 21

NO SCHOOL 22

NO SCHOOL 25

NO SCHOOL 26

NO SCHOOL 27

NO SCHOOL 28

NO SCHOOL 29



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